



## Noémi Gyömbér, PhD.

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- senior lecturer
- Department of Psychology and Sport Psychology
- Year of birth: 1984

### Qualifications, academic degrees

#### University degrees

- 2007: qualified psychologist (University of Debrecen)
- 2007: professional translator (University of Debrecen)
- 2009: qualified sport psychologist (Semmelweis University, Faculty of Physical Education and Sport Sciences)

#### Academic degrees and titles

- 2018: PhD (University of Physical Education)

### Professional career

#### Previous and current jobs, positions and titles

- 2009–2018: assistant lecturer (MTSE)
- 2019–current: senior lecturer (MTSE)
- 2007–2009: coordinator (KAPU Volunteer Program)
- 2007–2009: psychologist (BBEC Foundation)
- 2015–2016: sportpsychologist (Hungarian Women's Waterpolo Team)
- 2019–current: sportpsychologist (Hungarian Skating Federation)
- 2013–2014: sportpsychologist (Hungarian Women's Ice Hockey Team)

#### Key study trips, missions

- Copenhagen Summer School (scholarship by FEPSAC recommendation)
- 2018: International Congress of the French Society of Sport Psychology (Lausanne)
- 2017: ISSP 14th World Congress (Sevilla)

### Language skills



language	speaking skills	writing skills	reading skills	take part in a media event?
english	C1	C1	C1	no
german	A2	A2	A2	no

## Research, expert activities

### Major subjects and topics taught

- Introduction to psychology
- Sportpsychological methods
- Self-awareness training
- Relaxational methods

### Field and discipline

- sport psychology
- applied sport psychology
- performance psychology

### Current research topics

- youth sport psychology
- owner-dog relationship

### Former research topics

- the significance of sport psychological preparation in the formation of the personality of an athlete

### Key research

- perceived autonomy support
- parental involvement in sport

### Membership of a scientific or professional organisation or body

- MPT
- MSTT
- FEPSAC
- ENYSSP

### Expert advisory activities

- Hungarian Skating Federation: sport psychologist
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## Publications

- My publications in MTMT (Catalogue of Hungarian Scientific Works):  
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022192>

## Contacts

### University residence

- Building: A
- Room: 213
- Phone number(s): +36-1-487-9236
- E-mail address: [gyomber.noemi@tf.hu](mailto:gyomber.noemi@tf.hu)

## Other professional profiles

- MTMT:  
<https://m2.mtmt.hu/gui2/?type=authors&mode=browse&sel=10022192>

